

EXTRACT OF ANNUAL REPORT 2019-20

DEPARTMENT OF SPORTS RECREATION AND WELLNESS

The Department of Sports Recreation and Wellness (SIU) is the principal sports promotion body for development of sports infrastructure, participation in sports at grass-root levels as well as excelling at national Sports Tournaments.

The academic year 2019-20 was seen bustling with a number of sports events and other activities.

Inter Institute Championship

PARTICIPATION TRENDS OF WOMEN AND MEN IN INTER-INSTITUTE CHAMPIONSHIP

Year	Women	Men	Total
2013-14	513	1257	1770
2014-15	600	1394	1994
2015-16	860	1502	2362
2016-17	672	1505	2177
2017-18	726	1739	2465
2018-19	720	1728	2488
2019-20	606	1510	2116

INTER INSTITUTE OVERALL CHAMPIONSHIP OF THE UNIVERSITY

The overall inter institute championship for the year 2019 - 20 was awarded to Symbiosis School of Sports Sciences, Pune.

OVERALL CHAMPIONSHIP WINNER - SSSS



Inter University Tournaments (AIU)

Inter University Competitions during the Academic Year 2019-20				
Sr. No	Sport Name	Venue	Dates	Results
1	Badminton Men	SRTM, Nanded	2 nd to 5 th December, 2019	Reached Pre Quarter Finals
2	Badminton Women	University of Kota Rajasthan	23 rd to 29 th Nov, 2019	Reached 3 rd round
3	Basketball Men	SRTM, Nanded	14 th to 19 th December, 2019	Reached Quarter Finals
4	Football Women	RANI DURGAWATI VISHWAVIDYALAY, JABALPUR (MP)	15 th to 21 st December, 2019	Reached 2 nd round
5	Cricket Men	ITM University Gwalior (M.P)	23 rd December to 1 st January, 2019	Lost in 1 st round
6	Football Men	BARKHATULLAH University Bhopal	1 st to 12 th , December, 2019	Lost in 1 st round
7	Best Physique Men	Chandigarh University Mohali Punjab	14 th to 19 th Oct 2019	Placed 10 th overall
8	Table Tennis Men	SHRI VAISHNAV VIDYAPEETH, INDORE (M.P)	19 th to 23 rd Nov, 2019	Lost in 1 st round
9	Shooting Men & Women	MANAV RACHNA University, Faridabad Haryana	10 th to 17 th Nov, 2019	Ms. Samartha Narang won bronze medal in 50m Rifle 3P event
10	Basketball Women	ITM University Gwalior	15 th to 19 th Dec, 2019	Reached 3 rd round
11	Volleyball Men	RASHTRASANT TUKDOJI MAHARAJ NAGPUR University	15 th to 17 th Dec, 2019	Lost in 1 st round
12	Volleyball Women	GOBINDA GURU TRIBAL University	18 th to 23 rd Oct, 2019	Lost in 1 st round
13	Swimming Men	LOVELY PROFESIONAL University, JALANDHAR (PANJAB)	29 th Oct to 1 st Nov, 2019	Lost in 1 st round

During the academic year, the university participated in the following Inter University Tournaments:

PARTICIPATION TRENDS OF WOMEN AND MEN IN INTER-UNIVERSITY (AIU) TOURNAMENTS

Year	Women	Men	Total
2013-14	41	82	132
2014-15	29	83	112
2015-16	29	74	103
2016-17	34	77	111
2017-18	37	69	106
2018-19	19	69	88
2019-20	74	37	111

HAPPY HEALTHY CAMPUS (HHC)

Happy Healthy Campus was conducted in the following campuses:

- 1) Kirkee Campus – 10th January, 2020
- 2) Nashik Campus – 14th January, 2020
- 3) Noida Campus – 18th February, 2020
- 4) Hyderabad campus – 5th February, 2019

The activities for the event were planned in such a way that students as well as staff can revel, relax and keep themselves fit while having fun.

From engaging Yoga sessions to Zumba where you let your hair down and a fitness bash to shed those extra kilos, the event had everything that one wanted.

There were 17 different stations where various activities took place.

Students and staff of all the respective campuses attended the event.



Latitude: 18.547368
Longitude: 73.839624
Elevation: 570.47m
Accuracy: 3.2m
Time: 01-10-2020 10:06
Note: SiMS Happy Healthy Campus

National Sports Day (NSD)

National Sports Day is celebrated in India on 29th Aug every year to commemorate birth anniversary Major Dhyan Chand, often referred to as 'The Wizard' for his incredible hockey skills and captained India throughout his playing career and helped India win three Olympic medals – in 1928, 1932 and 1936.

National Sports Day was celebrated in a very unique format by **Symbiosis Institute of Media and Communication** in association with Department of Sports Recreation and Wellness on 29th Aug 2019. We had organized Sports Quiz and Sports Photography competition for the constituent institute of SIU.

Sports Quiz

Around 18 teams had registered and participated in the Sports Quiz competition. SIMC Being a Media and Communication school had organized Sports Quiz that included categories of question from Print, Radio, Television and Digital media

The following are the winners for the quiz competition

Winner of Quiz



Winner: SIT
(Aditya Singh & Jaysurya Sarma)

Sports Photography

Around 12 students had registered in the sports photography competition. The photographs were judged on the composition; colour combination and life in image.

The following were declared as winners

Winner: Swapneel Saha (SIBM Pune)

Winner Photograph



FITNESS FOR FREEDOM RUN

The fitness for freedom run was open for entire students and staff / faculty of symbiosis family. Participants were from 21 constituent institutes of SIU and from various departments of SIU and Symbiosis Society

We had total of 355 participants of which details are as below:

Category Students Men and Women: 327

Below 40 Category Staff / faculty Men and Women: 13

Above 40 Category Staff / faculty Men and Women: 11

Veteran and Senior citizen category Men and Women: 3



Start of the race for Staff Category



Start of the race for student Category

SSSS took away the team championship trophy for men's category and **SSE** won in women's category.