## Impact analysis of SIU as an HPU

| Item | 2nd Cycle (2009-10 to 2014 -15) | 3rd Cycle (2015-16 to 2019-20) |
|---|---|---|
| Attendance to Annual Wellness Checkup (Students) | 62% | 74% |
| Attendance to Annual Wellness Checkup (Staff) | 85% | 91% |
| Satisfaction level (Students) | 64.24 % | 82.24% |
| Satisfaction level (Staff) | 79.71% | 89.77% |
| Utilization of Sports, Recreation & Wellness Services(Students) | 54.26% | 61.83% |
| Utilization of Sports, Recreation & Wellness Services (Staff) | 46.82% | 69.27% |
| Utilization of Mental Health services - (Students) | 4.15% | 4.12% |
| Utilization of Mental Health services- (Staff) | 0.83% | 1.74% |
| % of Underweight (Students) | 11.15% | 10.40% |
| % of Overweight (Students) | 11.79% | 7.57% |
| % of Obese (Students) | 9.10% | 5.13% |
| % of Underweight (Staff) | 7.06% | 5.47% |
| % of Overweight (Staff) | 15.44% | 7.37% |
| % of Obese (Staff) | 8.60% | 6 % |
| Blood Donors (Staff & Students) | 1898 | 1994 |
| Control of Type 2 Diabetes Mellitus (Prevalence of Type 2 DM- Staff) | 6.01% | 5.12% |
| Control of Hypertension (Prevalence of High Blood Pressure -Staff) | 10.55% | 6.46% |
| Control of Hypertension (Prevalence of High Blood Pressure -Students) | 2.69% | 1.03% |
| Patients availing outreach services | 10,181 | 15,807 |
| Patients treated during Pandharpur Wari | 33,612 | 58,000 |
| Universal Health Coverage (Staff & Students) | 100% | 100% |

## Contribution to policy formulation on Health Promoting University

## Policy

**Good Practices of Health Promoting University – Symbiosis International University in an initiative of EQUAM-BI Project**

**Report on Development of Health & Wellness Assessment Index for Higher Educational Institutes in India: Prepared by Karnataka State Higher Education Academy, Dharwad & submitted to WHO 2022**

**Policy on Eat Right India:**
**A Handbook on Diets for Diseases**

**Mental Health Policy for Higher Educational Institutes**

**सशक्त भारत – Let's Get Active**