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SYMBIOSIS INTERNATIONAL (DEEMED UNIVERSITY)

(Established under section 3 of the UGC Act 1956)

Re-accredited by NAAC with 'A' Grade (3.58/4) | Awarded Category I by UGC

Founder: Prof. Dr. S. B. Mujumdar, M.Sc., Ph.D. (Awarded Padma Bhushan and Padma Shri by President of India)

Ref/SIU/Sports/U35/ 4051

Date: 18th Aug 2022

DEPARTMENT OF SPORTS RECREATION AND WELLNESS

To,

All Directors / Heads

Constituent Institute of

Symbiosis International University

Subject: Report of Azadi Ka Amrit Mahotsav Fitness for Freedom Run/Walk – 2022

Dear Sir/Madam,

Good wishes and warm greetings from Department of Sports Recreation and Wellness (DSRW) !!!

Azadi Ka Amrit Mahotsav was an initiative of the Government of India to celebrate and commemorate 75 years of the country's independence and the glorious history of its people, culture and achievements.

In consonance with this theme the Department of Sports, Recreation and Wellness (DSRW) organised **Azadi Ka Amrit Mahotsav** from the **6th of August to the 15th of August 2022 on all campuses of SIU**. The Mahotsav comprised of sports events at all Symbiosis campuses to promote maximum participation and instil a spirit of Patriotism. The week-long activities concluded with the **Azadi Ka Amrit Mahotsav Fitness for Freedom Run/Walk 11th edition** at Lavale on 15th August 2022.

Events

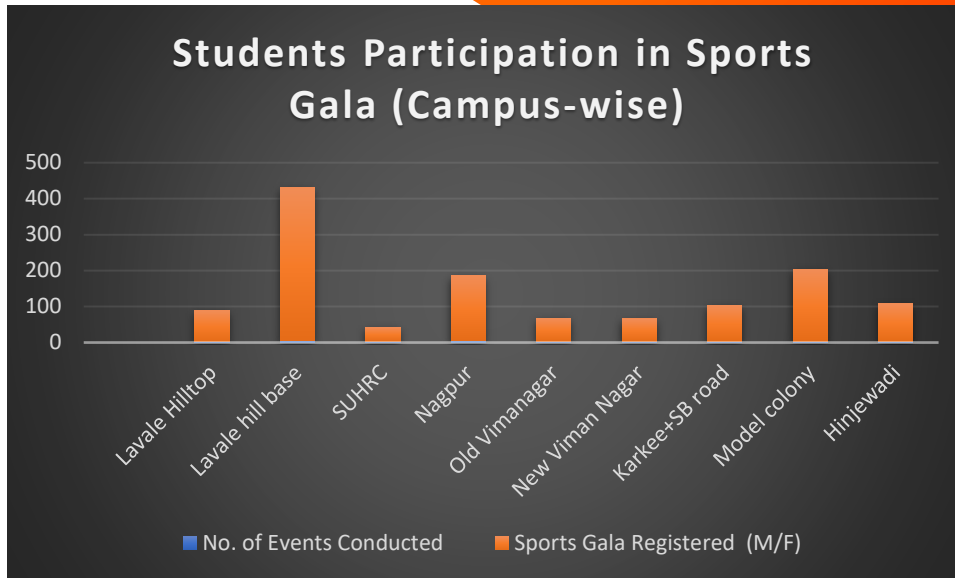
Azadi Ka Amrit Mahotsav (6th August to 15th August 2022)

The Mahotsav was conducted in two phases.

a) Azadi Ka Amrit Mahotsav Sports Gala at all Campuses of SIU – (6th August to 10th August)

During the period sports competitions were conducted in ten different disciplines as per the facilities available at the campuses.

The graph below shows the campus-wise participation of students;

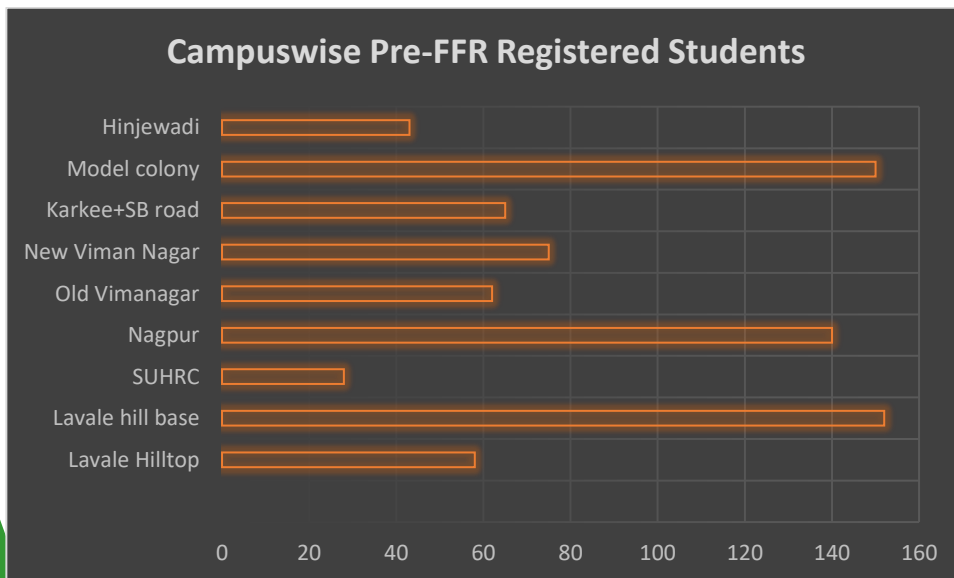


b) Pre-Fitness for Freedom Run

As a run-up to the **Azadi Ka Amrit Mahotsav FFR**, every campus conducted a **Pre-FFR** in the physical mode on the **8th of August 2022**.

The top 75 student runners from the **Pre-FFR** from all campuses of Pune (Lavale, Hinjewadi, Viman Nagar- Old, Viman Nagar- New, SIMS, SB road and Model colony) participated in the **Azadi Ka Amrit Mahotsav Fitness for Freedom Run** event at **Lavale** on 15th August 2022.

The following graph indicates the campus-wise registration of students for the Pre-FFR run



c) Azadi Ka Amrit Mahotsav Fitness for Freedom Run 11th Edition event at Lavale on 15th August 2022

The Run/Walk was flagged off by the Chancellor SIU, Vice-Chancellor SIU and Dean FOHS after the Flag hoisting at Lavale hilltop. The registration for the event was online via a google form and also spot registration was accepted on the day of the event.

The event had four categories for both male and female runners.

1. Elite category (75 runners selected during the Pre-FFR – Male/Female)
2. General Students (Male/Female)
3. Staff below 40 years Run/Walk (Male/Female)
4. Staff above 40 years Run/Walk (Male/Female)

Route for the Event

There were two routes for the event

Route 1 – For Elite category - 3km

- **Start** – SSSS road- Petunia hostel - Sandipani road- New Ghat road - back to SSSS road at Lavale hilltop – **Finish**

Route 2 – For General students and below 40 categories – 3 km

- **Start** - Aqua point at Lavale hilltop – Bus Bay – SSSS road- Petunia hostel - Sandipani- back to Aqua point at Lavale hilltop – **Finish**

Route 3 – For the Above 40 categories – 2 km

- **Start** - Aqua point at Lavale hilltop – Bus Bay – SSSS road- Petunia hostel– back to Aqua point at Lavale hilltop - **Finish**

Winners of Azadi Ka Amrit Mahotsav Fitness for Freedom Run/Walk – 2022

Students Elite Category Male/Female

Male				Female			
Rank	Name	Institute	Time	Rank	Name	Institute	Time
1	Mr.Rohit Mandavkar	SSSS	10:58	1	Ms.Vanshika Waghule	SSSS	15:13
2	Mr. Dibrujission	SCMC	11:02	2	Ms. V. Nagisha	SCMHRD	15;28
3	Mr. Aadit Gaikwad	SSSS	11:15	3	Ms.Manasi Gumphekar	SSE	18:32

Students General Category Male/Female

Male				Female			
Rank	Name	Institute	Time	Rank	Name	Institute	Time
1	Mr. Aayudh Wagle	SSBS	18:33	1	Ms.Poonam Kanojiya	SSBS	25:21
2	Mr.Sameer Bakshi	SIT	18:47	2	Ms. Joyti	SIMS	26:11
3	Mr. Pritviraj VR	SSSS	25:30	3	Ms. Bharati	SLS P	27:18

Staff Below 40 Category Male/Female

Male			Female		
Rank	Name	Institute	Rank	Name	Institute
1	Mr. Rajnikant Tambe	SS	1	Dr. Shiny Raizada	SSSS
2	Mr. Tushar Marne	SIT	2	Dr. Sphurti Uday	SMCW
3	Mr. Suryakant Shinde	SSLA	3	Dr. Maghana Narendran	SMCW

Staff Above 40 Category Male/Female

Male			Female		
Rank	Name	Institute	Rank	Name	Institute
1	Mr. Amol Bhosale	SS	1	Ms. Paerani Anand Zadbuke	SIG
2	Dr. Nabi Bostan	SIHS	2	Ms. Manisha Kedare	SSSS
3	Dr. Ashish Karnawat	SSSS	3	Ms. Shilpi Singh	SSE

The overall Institute Championship for Fitness for Freedom Run 2022

Male			Female		
Rank	Institute	Points	Rank	Institute	Points
1	SIMS	30	1	SMCW	15
2	SCIT	37	2	SIMS	19
3	SSSS	38	3	SSBS	21

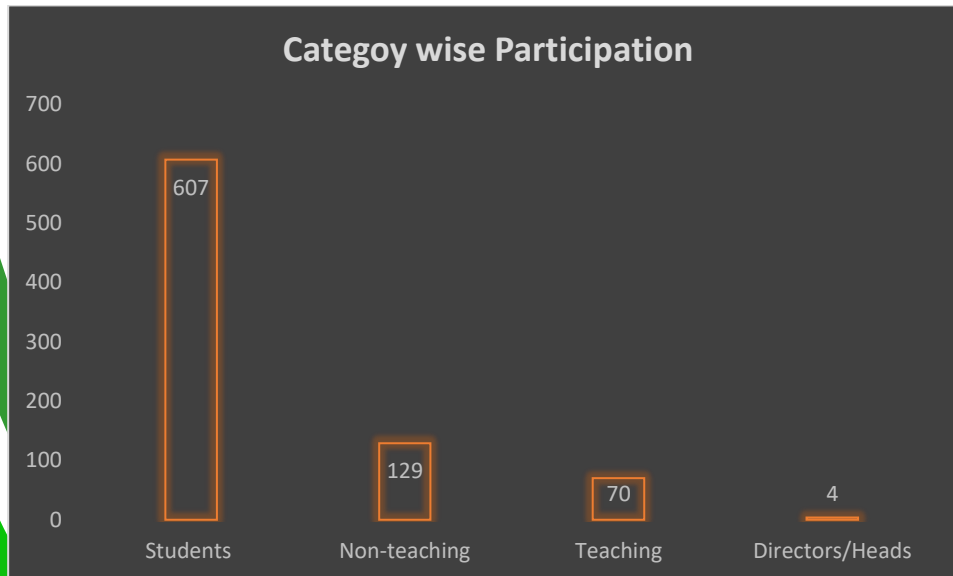
Awards and Prizes

All participants received E-certificates for Pre-FFR and 15th August Fitness for Freedom Run 2022. The top three from each category received medals and certificates.

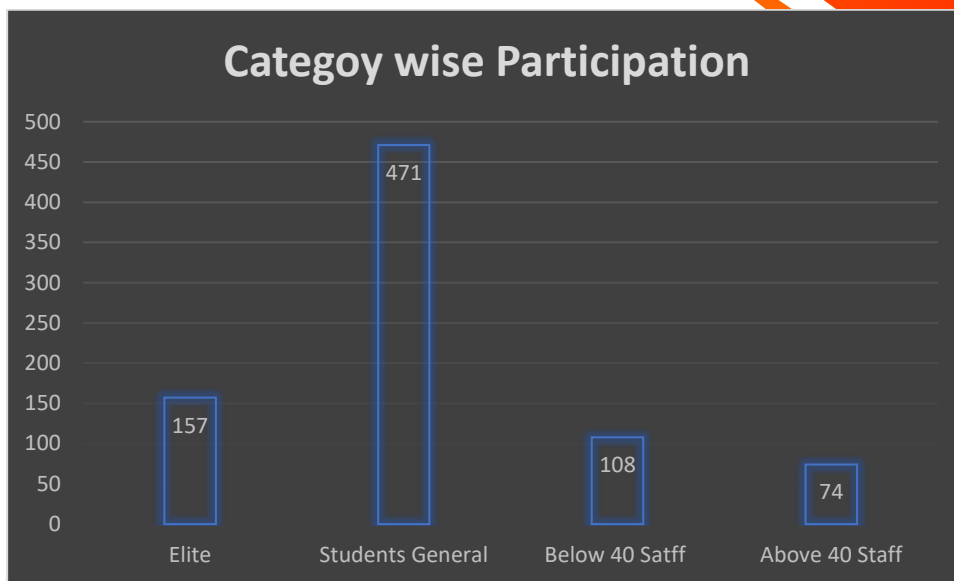
The winners of the elite category only (Male/Female) received a cash prize of:

- 1st Place – Rs.5,000/-
- 2nd Place - Rs.3,000/-
- 3rd Place – Rs.2,000/-

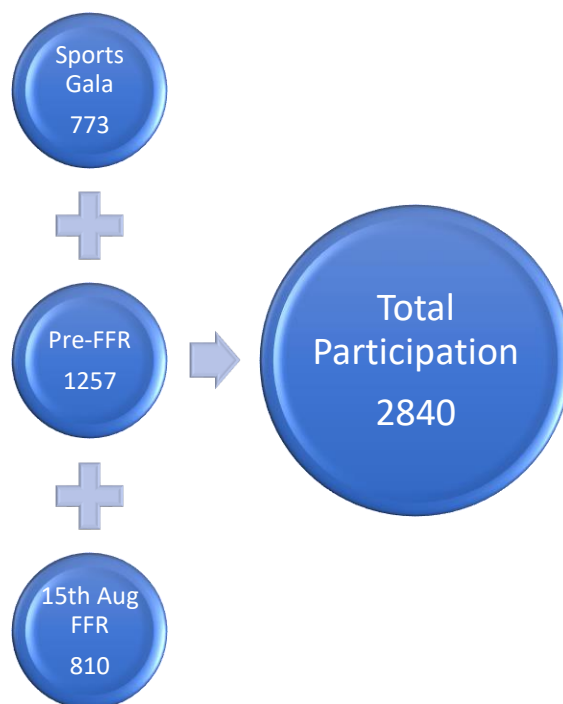
The below chart indicates number of participants in various categories



The below graph indicates category-wise participation in the 15th Aug Run/Walk Event



The below charts show the total participation in Azadi Ka Amrit Mahotsav Fitness for Freedom Run/Walk – 2022



We extend our gratitude to Symbiosis School of Sports Science (SSSS), Symbiosis School of Banking and Finance (SSBF), Symbiosis University Hospital and Research Centre (SUHRC),, Brig. Satish Ratnaparkhi (Retd) Chief Admin Symbiosis, All Campus Admins for their support and cooperation in the successful conduct of the event.

Glimpses of the events

Elite Run Starting Point



Prize Distribution Ceremony on 15th August 2022



Elite Male Winner From Left Dr. Nayana Nimkar Director SSSS; Dr. Rajani Gupte, Vice Chancellor SIU; Mr. Dibrujission; Mr. Rohit ; Mr. Aadit Gaikwad Mandavkar



Elite Female Winner From Left Dr. Nayana Nimkar Director SSSS; Dr. Rajani Gupte, Vice Chancellor SIU; Ms. V. Nagisha; Ms. Vanshika Waghule; Ms. Manasi Gumphekar



Students General Male Winner From Left Dr. Nayana Nimkar Director SSSS; Mr. Sameer Bakshi ; Mr. Aayudh Wagle; Mr. Pritviraj VR; Dr. Rajiv Yeravdekar, Dean FoHS.



Students General Female Winner From Left Dr. Nayana Nimkar Director; Ms. Joyti; Ms.Poonam Kanojiya ; Ms. Bharati ; Dr. Rajiv Yeravdekar, Dean FoHS.



Staff Below 40 Male Winner From Left Dr. Nayana Nimkar Director SSSS; Mr. Tushar Marne; Mr. Rajnikant Tambe; Mr. Suryakant Shinde; Dr. Rajiv Yeravdekar, Dean FoHS.



Staff Below 40 Female Winner From Left Dr. Nayana Nimkar Director SSSS; Dr. Sphurtri Uday; Dr. Shiny Raizada; Dr. Maghana Narendran; Dr. Rajiv Yeravdekar, Dean FoHS.



Staff Above 40 Male Winner From Left Dr. Nayana Nimkar Director SSSS; Dr. Nabi Bostan; Mr. Amol Bhosale; Dr. Ashish Karnawat; Brig. Satish Ratnaparkhi (Retd) Chief Admin.



Staff Above 40 Female Winner From Left Dr. Nayana Nimkar Director SSSS; Ms. Manisha Kedare; Ms. Paerani Anand Zadbuke ; Ms. Shilpi Singh; Brig. Satish Ratnaparkhi (Retd) Chief Admin.



Nayana Nimkar

Dr. Nayana Nimkar
Director, DSRW

CC: PA to Vice Chancellor
Registrar SIU
Head Student Affairs
Controller of Examination
Finance Officer, SIU
Campus Administrator, Lavale Hill Top